

## A 12-week Feast on Healthy Christian Living

We are running a season of feasts (once a week for 12 weeks) to celebrate healthy Christian living and would like to invite you to join us.

Would you like to live a healthy Christian life, free from sins and bondages?

Would you like to taste 12 different courses of healthy physical and spiritual food over a season of 12 weeks?

Would you like to experience 12 weeks of eating together, making friends together, and having a good time together?

Would you like to help us to spread this good news to your friends?

Please drop by during these 12 weeks and feast with us!  
This may turn out to be a life-time of feasting!